

**Ashley Pub** in Arcadia  
Home Delivered Meals  
Sponsored by Aging & Disability Resource Center (ADRC)  
Of Trempealeau County

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1

Suggested Donation is \$ 5.00 per meal.

*We require a 24-hour cancellation notice if you will not be home to receive your Home Delivered Meal. Anything less than 24-hour notice will be charged as a normal delivery.*

**April 2024**

**April 1-5:**

Monday: Salisbury Steak, Mashed Potatoes, Asparagus, Cookie  
Tuesday: Spaghetti w/Meat Sauce, Carrots, Fruit Cup, Bread  
              Pudding  
Wednesday: Taco Casserole, Spanish Rice, Corn, Brownie  
Thursday: Polish Sausage w/Sauerkraut, Scalloped Potatoes,  
              Baked Beans, Apple Crisp  
Friday: Lasagna Roll Ups, Butternut Squash, Garlic Bread,  
              Coffee Cake

**April 8-12:**

Monday: Teriyaki Chicken Breast, Mac & Cheese, Asparagus,  
              Cookie  
Tuesday: Chicken Pot Pie, Mashed Potatoes, Carrots, Bread  
              Pudding  
Wednesday: Shredded Chicken w/Gravy, Stuffing, Baked Beans,  
              Brownie  
Thursday: Chicken Alfredo, Mixed Veggies, Garlic Bread, Cherry  
              Crisp  
Friday: Grilled Superior Salmon Patty, Scalloped Potatoes,  
              Butternut Squash, Coffee Cake

*Menu items are subject to change due to item availability and unexpected shortages or shipment delays.*

**April 15-19:**

Monday: BBQ Meatballs, Diced Potatoes, Asapargus, Cookie  
Tuesday: Whitey's Chili, Mashed Potatoes, Fruit Cup, Bread  
          Pudding  
Wednesday: Chicken & Rice Casserole, Mixed Veggies, Garlic Bread,  
              Brownie  
Thursday: Hamburger Stroganoff over Noodles, Butternut  
            Squash, Fruit Cup, Apple Crisp  
Friday: Chef Salad, Cottage Cheese, Fruit, Coffee Cake

**April 22-26:**

Monday: Beef Stew, Mashed Potatoes, Mixed Veggies, Cookie  
Tuesday: Smothered Chicken Breast, Mashed Potatoes, Baked  
          Beans, Bread Pudding  
Wednesday: 5 Cheese Ravioli, Corn, Garlic Bread, Brownie  
Thursday: Chicken Stir Fry, Wild Rice, Egg Roll, Cherry Crisp  
Friday: Chicken Caesar Salad, Cottage Cheese, Fruit, Coffee  
          Cake

**April 29-30:**

Monday: Chicken Strips, Mashed Potatoes, Asparagus, Cookie  
Tuesday: Diced Ham w/Scalloped Potatoes, Butternut Squash,  
          Fruit Cup, Bread Pudding